Procedure to Install Java source code from source Jarfiles into Eclipse:

1. Create a new Java project in Eclipse. In this example, I’m using ‘TestImport’. You can also import directly into an existing project.
2. In Eclipse select: File -> Import -> General -> Archive File
3. Browse to the Java source jarfile you downloaded: e.g. ProgrammingExamples.jar.
4. The import window will open, set your “Into folder” : <Project Name>/src, in this example I set it to: TestImport/src:
5. Click ‘Finish’ and you should see this:

You can then work in the new project or copy the files out to existing ones.